

LaLiga Academy

“Experience the
passion of LaLiga
from within”

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“Dreaming
of LaLiga”



Philosophy and Values



“LaLiga is much more than just football.”

Players are the core of our project, and their comprehensive education the ultimate goal of our involvement.

In Villaviciosa de Odón, 20 minutes from the centre of Madrid, the complex offers idyllic surroundings in one of the most important capital cities in the world.



All you could need, in one place

ESC LaLiga&NBA

A unique complex around the world

ESC LaLiga&NBA, on its opening in 2022, becomes one of the international benchmark center for sports and academic training for young athletes.

The official complex where LaLiga and the NBA colive in Spain, its creation involves a before and after for these kinds of centers focusing on sporting and educational excellence. It is the first time that two brand leaders in the sports and entertainment industry join forces to support and boost the next generation of athletes.

The center has top facilities which provide all the services and amenities for the best academic, sports and personal development of athletes.



FOOTBALL FIELDS



INTERNATIONAL SCHOOL



RESIDENCE ACCOMMODATION



NBA PAVILION



SWIMMING POOL



GYM



HALL



GAME ROOM

ESC LaLiga&NBA



ESC LaLiga&NBA

RESIDENCY

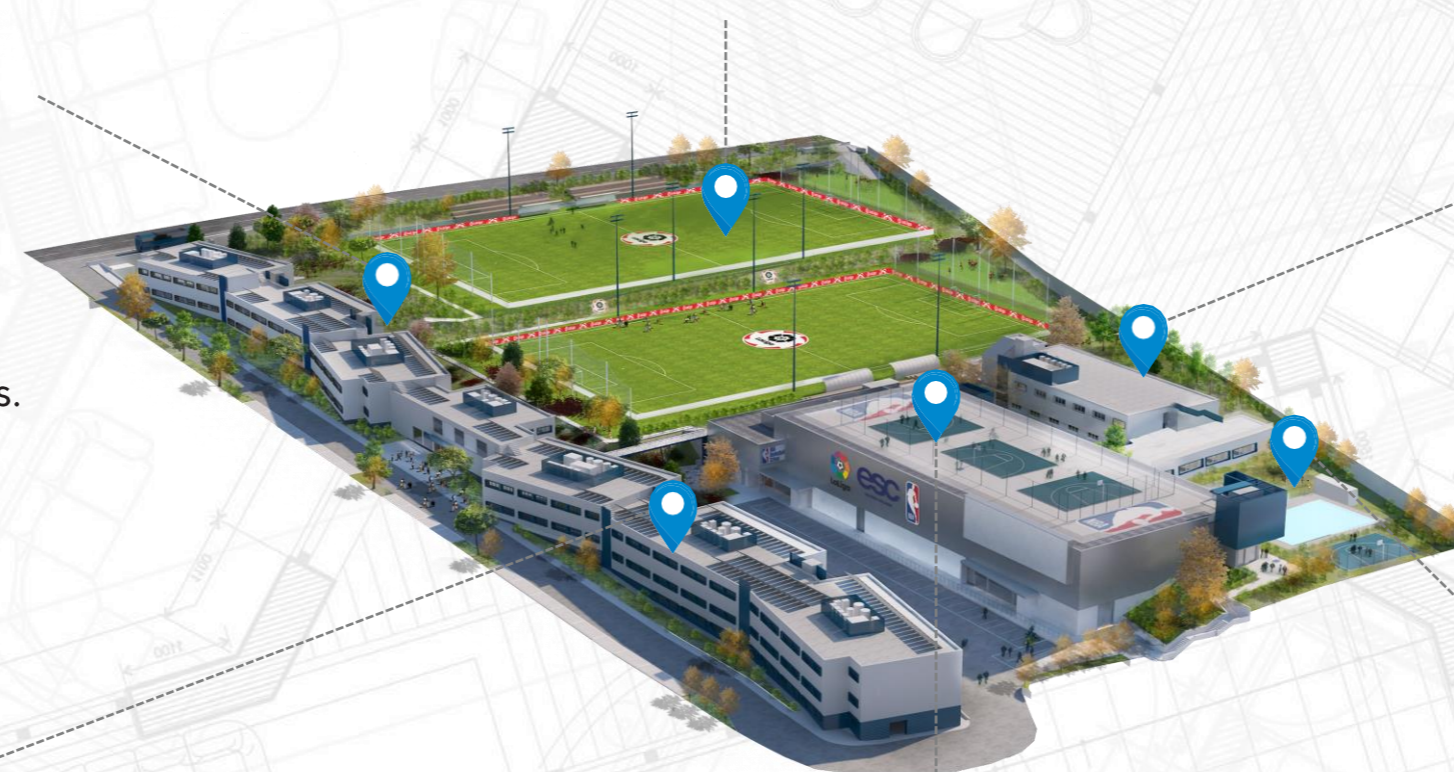
- Capacity for 450 residents.
- 23m² rooms (single and double) with bathroom and air conditioner included.
- Laundry and cleaning service.
- Personal desk, SmartTV, and closet.
- 24h private security equipment, cameras, accreditation and video surveillance systems.

COMMON AREAS

- Dining room with restaurant service and with capacity for 200 people.
- TV room with 5 75" screens with retransmission of all LaLiga and NBA games.
- Game room with videogames, table football, table tennis, billiards and more.
- Study and meeting rooms and events hall.
- Outdoor chillout with sofas and relaxing area.
- Clinic.

FOOTBALL FIELDS

- 2 FIFA dimensioned soccer fields with natural grass and last generation artificial grass.
- 2 areas of 200m² for warmups, goalkeeper training, physical workout, and individual training.
- 2 stands with capacity for 300 people.
- 2 towers for recording and broadcasting matches.



SCHOOL

- School center with 16 fully equipped classrooms.
- Hall.
- Library.
- Laboratory

GYM & SWIMMING

- 300m² gym equipped with the best machines and technology.
- Fitness and spinning area.
- Pool of 20m.

NBA PAVILION

- Pavilion with parquet floor and stands.
- 4 changing rooms with showers and hydromassage.
- Physiotherapy rooms.
- Video analysis rooms.

Football program



LaLiga's official academy in Spain offers an educational and sporting experience. For boys and girls with a medium-to-high competition level who want to improve, strengthen and further their abilities. The only requirement is a passion for football.

LaLiga Academy is divided into 2 levels of education

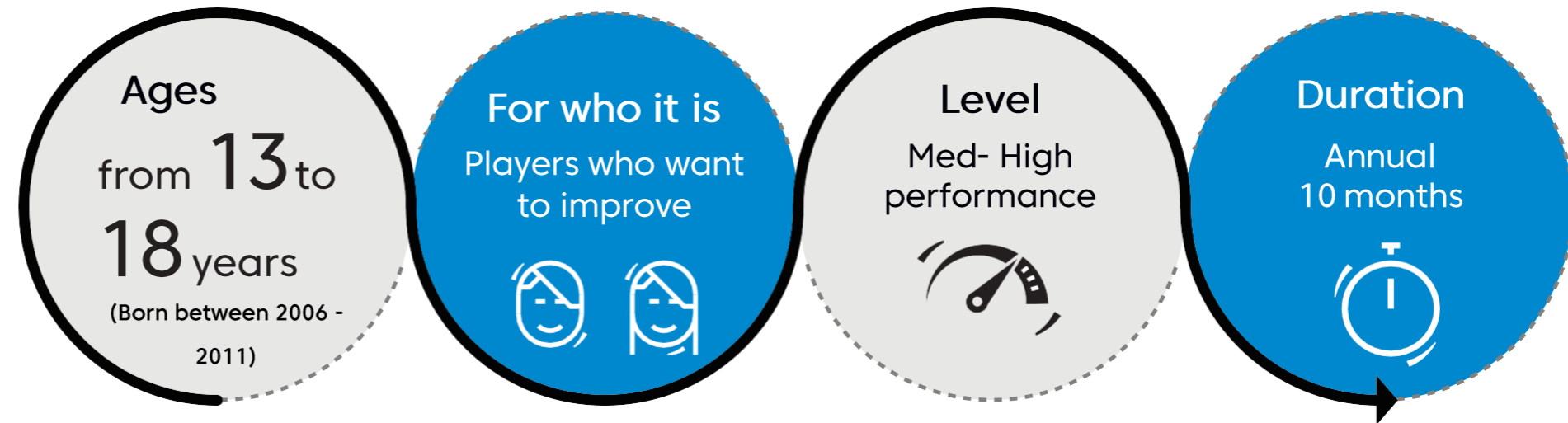


INTERMEDIATE

ADVANCED



OUR OBJECTIVE:
To provide a comprehensive training of the players



FIRST-CLASS TRAINING AND COMPETITION

- Training and education through the most innovative methods and technology in current football.
- Weekly matches against LaLiga club academies and other teams from the Madrid region, as well as participation in both national and international not federated tournaments.
- 4 to 6 weekly training sessions run by LaLiga's top professionals, along with the most innovative technology and resources.
- Specific programmes for goalkeepers.

PROFESSIONALS WITH THE BEST EXPERIENCE

- Education and high-performance training with UEFA Pro coaches under the LaLiga methodology.
- Video analysis sessions and individual performance optimisation programmes.
- Activities with LaLiga Ambassadors and attending events.

FITNESS TRAINING AND PERSONALIZED MONITORING

- Monthly and quarterly individual physical assessment, as well as performance monitoring and optimisation.
- Medical, physiotherapy and injury recovery service.
- Nutritional advice.
- Sports psychology.



Football Program



UEFA Pro (Level III) or UEFA A (Level II) coaches.



Graduates in Physical Education and Sports Sciences.



Experience in LaLiga academies and Spanish teams (minimum 5 years).



International experience and specialisation in a range of areas of football (fitness coaching, analysis, scouting...).



English language.



Trained in the LaLiga methodology.

The training process of every player will be led by LaLiga and based entirely on its methodology, directed by the best coaches and professionals.

Every **COACHING TEAM** is composed of:



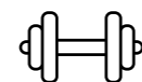
GOALKEEPING COACHES



COACHING ASSISTANTS



PHYSICAL-MEDICAL TRAINERS



FITNESS COACHES



MEDICAL STAFF



PHYSIOTHERAPISTS



SPORTS PSYCHOLOGISTS



NUTRITIONIST

In addition to our team of **PLAYERS' CARE TECHNICIANS** who will ensure the care of our players, as well as a satisfactory organization of our Academy.



Academics

ESC International School

Young athletes will study at the International School located within the ESC LaLiga&NBA complex in Spain.

The ESC International School is an accredited entity authorized to offer the american academic program and give firmness to the degree of its students. In addition, it will have the management and support of the prestigious international school “**Liceo Europeo**”.

The center will teach a foreign educational system and spanish language and culture, ensuring the presence of national and international students.

The management of the school has extensive experience offering exclusive international academic programs, with the goal of forming people with strong values and knowledge.

Our commitment to education forms the cornerstone of our comprehensive development model, putting at the service of our children international top level academic institutions that guarantee an educational process adapted to the needs of each student.

American academic program for Middle & High School

- Middle & High School (7-12 grades) at the international school within the same centre.
- Courses to prepare for American university with SAT exams.
- Academic psychology and pedagogy service.

International Baccalaureate Diploma Program (IBDP)

- IBDP adapted program in English.
- Preparation for american and european universities.
- Academic psychology and pedagogy service.

Language academy

- English level preparation for TOEFL and IELTS.
- Spanish language and culture at the ESC International School.
- Intensive English tutoring courses.
- Spanish, english and other languages.



Academics

Classes and Groups

Groups

By age, academic and english level.

Classes

Small classes among 10-15 students.

Tailor-made service

Monitoring & Accompaniment

There is personal monitoring of the student at all times throughout the year. Children will be accompanied at all times by the figure of the tutors, who will be responsible for guiding them throughout their stay. A 24/7 service with the aim of ensuring the personal well-being of each young person.

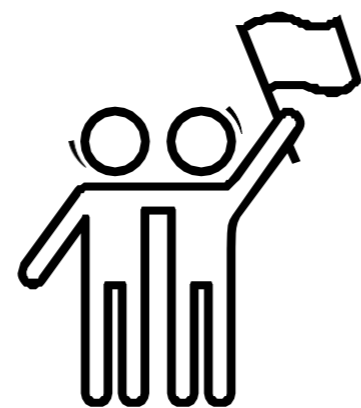
Reinforcement classes

The school offers additional tutoring services in order to help all students who require it, providing a specific and adapted attention according to the student's needs.

Dual Career +

The dual career of the young athlete sets the guidelines for our intervention, seeking a constant balance between studies and sports.

It is essential that throughout their training process, we support our young athletes in everything necessary when combining both.



Curriculum and Schedule

Curriculum

Mandatory:

- Mathematics
- Science
- Social Science
- Physical Education
- English language

Optional:

- Business
- Tech Science
- Computer Science
- Art
- Etc

Schedule

- 30 teaching hours per week.
- Intensive model with morning or evening classes.
- Perfect balance between classes and training.

Teachers

National and American native teachers, all of them bilingual and with years of previous experience.

Opportunities and Scholarships

As a culmination of the comprehensive training process for LaLiga Programs athletes, they will be able to apply for university scholarships at some of the best universities in Europe and the United States, being able to continue fulfilling their dream and combining their university studies with playing football.



Why LaLiga Academy?



A POTENTIAL GROWTH

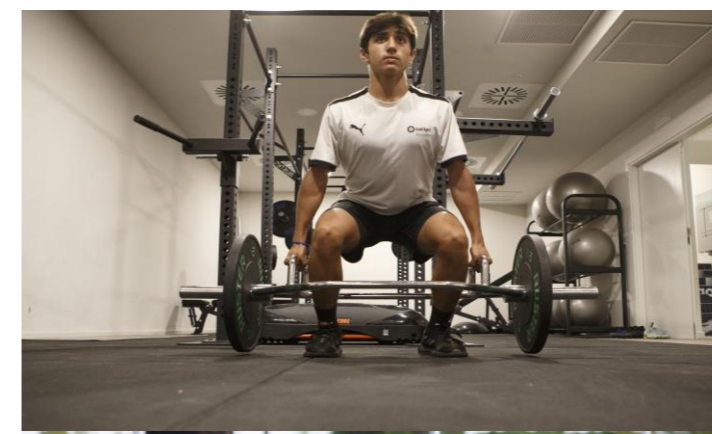
Develop and enhance your skills by playing against the best academies of LaLiga, competing at the highest level and being watched by professional scouts.

INTERNATIONAL EXPERIENCE

The incredible experience of living in Madrid, one of the best cities in the world, in a highly diverse and multicultural environment.

LIVE IN A UNIQUE CENTER

Live, study and train in a state-of-the-art very exclusive complex, inaugurated in September 2022, which offers the best spaces, facilities, services and comforts.



PROFESSIONAL TRAINING

Train at the highest level with the most innovative methods and resources in modern football and experience the ultimate progression and leap. Feel every day like a true LaLiga professional.

TRAIN WITH THE BEST

LaLiga provides the best coaches and professionals in the world of football to make a highly competitive team.

INTERNATIONAL SCHOOL

Study within the American or IB program at a first level international school, grow both academically and personally, and open the doors of your future to the best American and European universities.

What is included



FOOTBALL PROGRAM

- ✓ **15 hours of football training** per week between 4 and 6 weekly training sessions.
- ✓ Education and high-performance training with **UEFA Pro coaches** under **LaLiga methodology**.
- ✓ **Individual development programs**.
- ✓ **Matches against LaLiga clubs' academies**, spanish clubs, high-performance academies & not federated national and international tournaments.
- ✓ **Fitness training** for football and individual performance optimisation, **video analysis**, **nutrition**, and **sports psychology** sessions.
- ✓ Monthly and quarterly individual **physical assessment**, **physiotherapy**, **medical service** and injury recovery.



ACADEMICS

- ✓ **American Middle & High School program** (grades 7-12) at the International School ESC Madrid within the same facility.
- ✓ **International Baccalaureate Diploma Program (IBDP)** in english at Ágora International School.
- ✓ Preparation courses for American university with **SAT exams**.
- ✓ Academic **psychology, pedagogy and tutoring service**.
- ✓ **Spanish language and culture** lessons at the ESC International School.
- ✓ Intensive **English** tutoring courses.
- ✓ **Language Academy**.
- ✓ English level preparation **TOEFL** and **IELTS**.



OTHER SERVICES

- ✓ Annual **residence** and full board.
- ✓ Single and double bedroom with cleaning service.
- ✓ **5 meals**, with adapted menus to the personal needs of each player.
- ✓ Private **medical insurance**.
- ✓ **Excursions**, cultural activities, LaLiga stadium tours, **attending LaLiga matches**, events, and activities with **LaLiga Ambassadors**.
- ✓ Training and competition **kits**.
Laundry service (3 times a week).
- ✓ **Gym**, swimming pool, games room...
- ✓ Airport **transfers**, **daily transport** and constant personal assistance.

Application and admissions



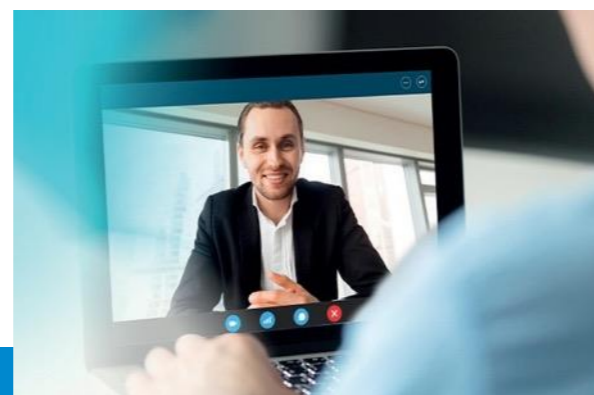
STEP 1. Contact the admission department

Fill in the online form, or send an email showing your interest in being part of the process to:

grassroots@laliga.es

or call us at:

680 652 173



STEP 2. Interview

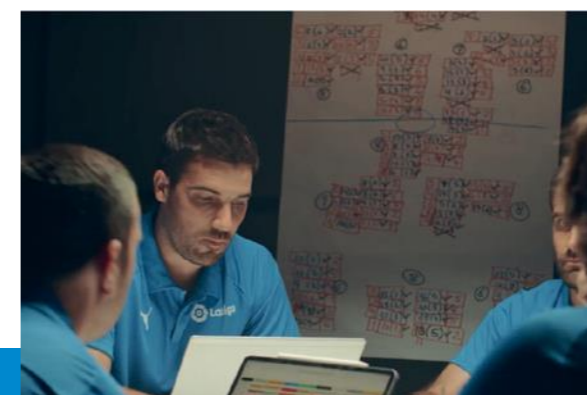
A telematic interview will be arranged with the candidates and their families to get to know them better, and hear about their experience, expectations and their interest. In the interview, information about his sports and academic CV will be requested.



STEP 3. Submit documents

Some documents will be requested from the candidate in order to move forward with the Admission process:

- Full videos of games (real game situations) and highlights.
- Sports CV.
- Transcripts from school.



STEP 4. Candidates' assessment

Analysis of the candidate's sporting profile by LaLiga technical directors, and academical and personal by the pedagogical team of the ESC International School.



STEP 5. Admission

An acceptance letter will be sent to the candidate, informing about the next steps and the payments.



Contact:

+34 680 652 173

grassroots@laliga.es

www.laligagrassroots.com



It's not football. It's LaLiga.